



University NEWS LETTER



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Editorial

Greetings to all!

With the coolness in the breeze and vibrancy all around, the month of October welcomes festivities. The festival of light Diwali is witnessed this month, Halloween the spookiest night of the year is celebrated in October in the western countries. Many famous personalities were born in this month including Mahatama Gandhi, Bill Gates, Alfred Nobel.

To make this month of festivals more special, SBSU organized various Competitions namely Inter house Debate, Inter House Creative Writing & Inter House Cultural Competition. The students participated with full zeal and won prizes for their houses. A talk on the occasion of World Mental Health Day was also organized to create awareness on mental health. These events were followed by sessional exams and the month concluded with Diwali holidays.

Wishing all the readers a joyful reading of this edition of SBS times and a very Happy Diwali

Message Dean Student Welfare

Neil Armstrong said this on landing on moon 'A small step of a man but a gaint leap of mankind'.

If a student and we can imbibe these words in our working nothing can stop us from shining on the horizon of success.

Everyday we may be taking a few ordinary steps to walk to the classroom but if we can allign them in direction of gaining fervency to learn something which is purposeful and innovative, slowly these steps can count meaningfully in the marathon effort required to become a successful and eminent professionals.

My beliefs are very strong that subtle consistent everyday efforts and compliance to your day to day learning requirements is the only road map in the journey of fame and success.

Its better to be a tortoise who has slow but consistent pace rather than a rabbit who has spurs vigorous activities but his intermittent bouts of laziness deprived him of success.

Prof. Maneesh Arora
Dean Student Welfare

Inter House Cultural and Dramatic Competition

The Cultural and Dramatic Clubs of Sardar Bhagwan Singh University, Dehradun organized Inter House Cultural and Dramatic Competitions as part of Silver Jubilee Year on 5th October. The function was inaugurated with the lamp lighting ceremony by the Vice-Chancellor Prof. A. K. Sharma, Prof. Manish Arora (Dean, Students Welfare), Mr. Krishan Rawat (Registrar), Prof. Veerma Ram (Director, School of Pharmaceutical Sciences and Technology) and Miss. Urmi Chaurasia (Controller of Examination). The event was celebrated with great enthusiasm and joy by the students of the four houses namely Zorawar, Jujhar, Ajit and Fateh. The competition comprised of various cultural and dramatic events such as short play on Misuse of Women Rights & Chaar Sahibzaade, mime on Disadvantages of Mobile Phones, classical and semi classical dance, and devotional song. The event was judged by Miss. Urmi Chaurasia, Dr. Reena Kumari and Dr. Mamta Singh. The winners of the various events are as follows: Short Play: Zorawar House, Mime: Jujhar House, Solo Song: Jujhar House, Group Song: Zorawar House, Solo Dance: Ajit House, Group Dance: Ajit House, Best House: Zorawar House, Best Narrator: Miss. Vidhushi Kala, Best Comparer: Miss. Navleen Kaur. The function concluded with prize distribution ceremony to the winners.



Inter House Creative Writing and Debate Competitions

The Publication & Creative Writing and Debating Societies of Sardar Bhagwan Singh University, Dehradun organized Inter House Debate and Creative Writing Competitions as part of Silver Jubilee Year celebrations on 22nd October. The function was inaugurated with the lamp lighting ceremony by the Vice-Chancellor Prof. A. K. Sharma accompanied by Prof. Manish Arora (Dean, Students Welfare), Mr. Krishan Rawat (Registrar), Prof. Veerma Ram (Director, School of Pharmaceutical Sciences and Technology) and Miss. Urmi Chaurasia (Controller of Examination). Events have been co-ordinated by Dr. Santosh Kumar Karn (Convener, Debating Society) and Dr. Nidhi Belwal (Convener, Publication & Creative Writing Society). The event was celebrated with great enthusiasm and joy by the students of the four houses namely Zorawar, Jujhar, Ajit and Fateh. The topic of the debate was: Artificial Intelligence: Boon or Bane and Creative writing competition were comprised with

story writing, essay writing, Mythology, caricature and poems in both Hindi and English languages. The debate competition was judged by Prof. Vikas Anand, Dr. Reena Kumari and Dr. Arun Kumar Mahato. The winners of the events are as follows: Debate (English): First, second and third positions were bagged by Kamini Godiyal (Zorawar House), Novleen Kaur (Jujhar House) and Punasha Chhetri (Jujhar House) respectively; Debate (Hindi): Aalind Joshi (Ajit House), Gurinder Singh (Fateh House) and Pragya Uniyal (Jujhar House), Best team is Jujhar House. The first positions of creative writing competitions are bagged by as follows: Story (English and Hindi): Fateh and Jujhar House; Essay (English): Jujhar House; Mythology (English and Hindi): Ajit and Jujhar House; Poem (English and Hindi): Zorawar and Fateh House and Caricature: Jujhar House, respectively. The function concluded with certificate and prize distribution ceremony to the winners.



Photograph of the Month



Vidushi Kala
B.Sc. CBZ, V Sem

Student Column

Personality of The Month: Bill Gates

Bill Gates was born on 28th October in Seattle. He took admission in the Harvard University but later he dropped out and started his own start up with his school friend Paul Allen and named it Microsoft. After nine years of hard work he launched windows 1.0 Microsoft, which emerged as a multinational company.

In the year 2014 he decided to step down from the post of Chairman of the company. Bill Gates along with his wife started Bill and Melinda Gates Foundation. This foundation provided education to young students and it also funded India for polio eradication program. In the year 2010 he launched "Giving Pledge" which asked a commitment from the worlds wealthiest people to dedicate most of their wealth towards philanthropic activities. Bill Gates is indeed a visionary and philanthropist.

Shubham Navin Thakur
B.Pharm, 4th Year

Awareness Program on World Mental Health Day

Sardar Bhagwan Singh University, Dehradun organized an interactive session on Stress Management on the occasion of World Mental Health Day on 10th October. The guest speaker of the event was Dr. Sumit Mehta, Senior Psychiatrist from Shri Mahant Indresh Hospital, Dehradun. Vice Chancellor of the University Prof. A.K. Sharma accompanied by Prof. Manish Arora (Dean Student Welfare), Mr. Krishan Rawat (Registrar) and Miss Urmi Chaurasia (Controller of Examination) welcomed the guest. Dr. Veerma Ram (Director, School of Pharmaceutical Sciences & Technology) presented a memento to the guest of honor. Dr. Mehta said he hoped the day would encourage people to talk about mental health. World mental health day is an initiative to raise public awareness about mental health issues. The program will help in creating awareness about mental health as "There is No health without Mental Health". Department Heads of various schools, Faculty members and students were present during the occasion.



Pharmacy Students Visit to Unimedico Labs



School of Pharmaceutical Sciences & Technology of Sardar Bhagwan Singh University organized an Industrial Visit for B. Pharm final year to Unimedico Labs, Dehradun on 16th October, 2019. Mr. Brajesh Shankar and Miss. Richa Bahuguna accompanied with these students. The company management welcomed them warmly and gave an introduction about the foundation and history of Unimedico Labs. They have given the glimpse of production process of pharmaceuticals. Industrial personnel taught the students about the quality assurance and quality control processes of pharmaceutical industry. There was also an interactive session with HR representative. Miss. Richa Bahuguna presented a memento to the Vice President D.K. Malhotra as a token of gratitude. In a nutshell; the visit was a source of knowledge and motivation to inspire students to enter the world of Industrial Pharmacy.

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